

## EDITORIAL

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It is with great pleasure that we present this edition of the Australian and New Zealand Continence Journal (ANZCJ). Our first article, *Recent insights into pharmaceutical treatments for underactive bladder: a scoping review of recent studies*,<sup>1</sup> outlines advancements and updates from the published literature within the last five years. I would like to thank Dr Jenny Kruger, from the University of Auckland, for acting as the editor of this article and overseeing the review process.

The second article in this edition, *Did you know... occupational therapists assist in assessment and management of continence across the lifespan*,<sup>2</sup> provides an insight into the various roles that occupational therapists have in regard to continence management. Continence issues impact patients and their families, and a wide variety of health professionals are involved in continence management.

Following the occupational therapy article by Dr Susan Brandis,<sup>2</sup> we are delighted to invite professionals and all people who manage continence in any way to share their insights. To accomplish this, we have added three new submission types that we now accept under our segments section. The three new segments will be double-blind peer-reviewed, 800-1200 words long and have at 8-12 references.

1. **Did you know...** This segment covers interesting things related to continence that the community of nurses, doctors, physiotherapists, occupational therapists, and other health professionals who read the journal might not know. It might be something you have just discovered, or something you have known about for a long time that you are always surprised people don't know about.

2. **What I learned about...** This segment can cover anything you have recently discovered, it could be from a book, a conference, a training course, or even a discussion you have had.

3. **Have you heard...** This segment is any news related to continence, including upcoming events, new research released, new services available, and new products related to continence.

We have updated our [Author Guidelines](#) to give more detail on submission requirements. With the addition of these three new segments to our existing submission types, the ANZCJ increasingly presents an excellent avenue for the publication of all types of continence research. Articles published in the ANZCJ are available online as full 'diamond open access', with no cost to authors or readers. Each article is allocated an individual Digital Object Identifier (DOI number), to

assist with referencing and tracking, and listed across several databases. If you are a first-time author, our reviewing and editorial teams can offer guidance, feedback, and support to assist in the process.

Performing and publishing research not only helps our community with increased knowledge and insights, but also advances the mission of the Continence Foundation of Australia and Continence New Zealand to promote bladder and bowel health and eliminate the stigma and restrictions of all aspects of incontinence.

## REFERENCES

1. Phelps C, Tynan S, Moro C. Recent insights into pharmaceutical treatments for underactive bladder: a scoping review of recent studies. Australian and New Zealand Continence Journal 2024;30(1):4-10.
2. Brandis S. Did you know... occupational therapists assist in assessment and management of continence across the lifespan. Australian and New Zealand Continence Journal 2024;30(1):11-14.



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