

## Continuing Professional Development

# That's a lot of claret on the wall!

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A great person once told me that blood, bright lights and cold steel are the three things that will save the life of a patient suffering major trauma. Many salvageable trauma victims die from exsanguination at the point of injury (POI) or during retrieval. We know from many studies over the past 100 years or so that actual blood (or its parts) is the best fluid to replace lost blood. Bringing this life saving elixir closer to the POI extends the time you have to get to damage control surgery and provides the best outcomes for patient care.

These online review questions linked to in the QR code below will be featured every issue in JHTAM to offer remote, austere, pre-hospital clinicians an opportunity to test their knowledge about their practice.

## Suggested reading

1. Trauma Hemostasis and Oxygenation Research (THOR) Network (rdcr.org)
2. BloodSafe eLearning Australia (bloodsafelearning.org.au)

The two above suggested readings provide a good basis of information on blood use. The THOR websites whole blood field transfusion course is especially excellent (and free).

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