# i. Pre-Intervention Survey

#### Section A: Demographic

- 1. Name (Free Text)
- 2. Age Group
  - 21-30 years old
  - 31-40 years old
  - 41-50 years old
  - 51-60 years old
  - > 61 years old
- 3. Gender: Female/ Male
- 4. Do you have any pre-existing skin condition? (Eczema, Psoriasis)

  NA if no pre-existing skin condition, If Yes-please specify clearly. (Free Text)
- 5. Any known sensitivity to topical; products, medical adhesive tape?
  - Yes (Move to Q6)

No (Move to Q7)

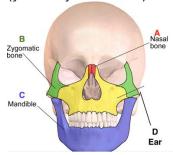
- 6. What kind of topical skin products/medical adhesive tape you are sensitive /allergic to (Please specify) (Free Text)
- 7. Average of hours you re donning N95 mask in total per day?
  - < 2 hours
  - 2 to < 4 hours</li>
  - 5 to < 6 hours
  - 7 to < 8 hours
  - => 8 hours
- 8. Which model of N95 mask are you fitted and wear (you may select >1)
  - BYD
  - Haylard FLUIDSHIELD
  - 3M 1870+
  - 3M 1860
  - 3M 1860S
  - 3M 8110
  - 3M 8210
  - NIOSH Air Plus Regular
- 9. Average of duration you're wearing a N95 mask before taking a break?
  - < 2 hours
  - 2 to < 4 hours
  - 5 to < 6 hours
  - 7 to < 8 hours
  - => 8 hours

#### **Section B: Pressure Injury**

- 1. Do you experiencing any skin redness/skin injury/blister/lesion/ulcer on your face as a result of donning N95 masks?
  - Yes (Move to Q2)

No (Move to 4)

- 2. Which model of N95 masks do you encounter to cause skin redness/skin injury/blister/lesion/ulcer on your face as a result of donning N95 masks?
  - BYD
  - Halyard FLUIDSHIELD
  - 3M 1870 +
  - 3M 1860
  - 3M 1860S
  - 3M 8110
  - 3M 8210
  - NIOSH Airplus Regular
- Which anatomical location(s) do you experiencing skin redness/skin injury/blister/lesion/ulcer on your face as a result of donning N95 masks? (you may select >1)



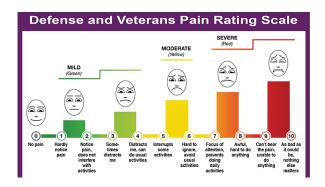
- 4. Before any skin issue arise, do you apply any prophylactic topical skin/wound products prior donning N95 mask?
  - Yes (Move to Q5).
- No (Move to Q7)
- 5. Please indicate types of prophylactic topical skin/wound products prior donning N95 mask before any skin issue arise? (Free Text)
- 6. Do you self-manage skin redness/facial skin injury/blister/lesion/ulcer on your face as a result of donning N95 masks? (you may select more than 1) Note: Only answer this question if you have skin redness/facial skin injury/blister/lesion/ulcer on your face as a result of donning N95 mask.
  - Yes, apply plaster/ band-aid)
  - Yes, apply moisturising cream
  - Yes, apply medication ointment/cream
  - Yes, apply skin barrier protective cream
  - Yes, apply foam dressing
  - Yes, apply transparent fil (e.g. Tagaderm etc.)
  - Yes, apply gauze
  - Yes, hydrocolloid dressing (e.g. Duoderm sheet
  - Yes apply silicone dressing/tape
  - Yes, apply tissue
  - No, I did not apply anything.
- 7. In your opinion, do you think above methods (Section B: Q6) can help to prevent or reduce skin redness/facial skin injury/blister/lesion/ulcer on your face as a result of donning N95 mask?
  - Yes No
- 8. How long does your skin redness/facial skin injury/blister/lesion/ulcer on your face as a result of donning N95 mask?
  - < 24 hours</li>

- 1-2 days
- 3-7 days
- > 7 days
- 9. Do you have any unique feature (s) that may contribute/worsen your facial skin redness/facial skin injury/blister/lesion/ulcer on your face as a result of donning N95 mask? (e.g. High Zygomatic arch/cheekbone/high nasal bone)
  - Yes
- 10. Does humidity/temperature (increase microclimate) of your workplace contribute to your masks related skin redness/facial skin injury/blister/lesion/ulcer on your face as a result of donning N95 mask?
  - Yes No

# Section C: Quality of Life (QoL)

\*Note: Only answer this section if you experiences skin redness/facial skin injury/blister/lesion/ulcer on your face as a result of donning N95 mask

- 1. Has skin redness/facial skin injury/blister/lesion/ulcer on your face as a result of donning N95 masks?
  - Yes (Move to Q2).
  - No, it doesn't affect me at all (Move to Section D: Others)
- 2. How does it affect your QoL (please elaborate) (Free text)
- 3. How would you rate your comfort level in having skin redness/facial skin injury/blister/lesion/ulcer on your face as a result of donning N95 mask?



### **Section D: Others**

- 1. Do you experience any other skin conditions related to donning N95 masks? (e.g. skin rashes, allergic reaction, acne outbreak, skin irritation)?
  - Yes (Move to Q2)

No (Move to Q3)

- 2. Please specify other skin condition(s) you are experiencing? (Free Text)
- 3. Are you aware with the application of prophylactic dressing/medical adhesive tape on your face without OHSA mask fitting possible cause seal leak?
  - Yes, I am aware
  - No, I am unaware
- 4. Do you don N95 mask outside of your workplace?
  - Yes

5. Any suggestion to improve the comfort of donning N95 mask? (Free text)

#### ii. Post-Intervention Survey

- 1. Which anatomical location did you apply the prophylactic silicone tape on your face (you may select more that 1)
  - Nasal bone
  - Zygomatic arch (cheek bones)
  - Mandible
  - Ear area
- 2. Does the prophylactic silicone tape prevent or reduce skin redness/facial skin injury/blister/lesion/ulcer on your face as a result of donning N95 mask?

• Yes No

- 3. Do you think this intervention is the most effective intervention to reduce skin redness/facial skin injury/blister/lesion/ulcer on your face as a result of donning N95 mask?
  - Yes No
- 4. Is the application of prophylactic silicone tape easy?
  - Yes

    No
- 5. Upon removal the silicone tape, do you experience any pain, skin abrasion/injury?

• Yes No

- 6. Will you recommend the prophylactic silicone tape prior donning N95 mask to your colleague/friend to prevent skin redness/facial skin injury/blister/lesion/ulcer related to donning N95 mask?
  - Yes, definitely
     No, because it does not help

# **Quality Indicators**

- What is your pain score after application of prophylactic silicone tape with N95 mask? 0-10
- 2. Do you feel more comfortable donning N95 mask with application of prophylactic silicone tape?
  - Yes (Move to Q4) No (move to Q3)
- 3. If you answer "No" for Q2, please elaborate the application of application of prophylactic silicone tape with the donning of N05 mask does not improve your comfort level)? (Free Text)
- 4. How did the application of prophylactic silicone tape with N95 mask improve your QoL (Free Text)
- 5. Do you experience other skin conditions related to donning N95 mask with the application of prophylactic silicone tape
  - Yes (please specify Free Text)
- 6. Please specify the type of skin condition(s) you experienced as a result of donning N95 mask with application of prophylactic silicone tape (Free Text)
- 7. Any feedback or comments on prophylactic silicone tape (Free Text)
- 8. Any suggestions to improve the comfort of donning N95 mask? (Free Text)